

EXPLORE THE TOWN

Cervia is ready to welcome athletes and friends coming to attend the competition.

Ironman Expo Area on the Lungomare G. Deledda and it offers many shops and sport activities from 10.00 am to 6.00 pm.

Saturday, september 21st, **Cervia Saltpan**, guided tour by byke, 10.30 am, Museum of Salt, via Nazario Sauro.

Sunday, september 22nd, **Natural Park**, guided tour, 11 am, Natural park, via C. Forlanini.

Sunday, september 22nd, **Musa**, Salt Museum guided tour, 4 pm, Museum of Salt, via Nazario Sauro.

Sand Sculptures in Cervia's public beach. Free entrance

Take a walk or a ride along the paths in the centuries-old **pinewood** and the **Salt Pan**.


Venture into the big tropical forest at **Casa delle Farfalle (Butterflies House)**, in via Jelenia Gora: colourful butterflies are waiting for you!

Fashion and glamour boutiques in **Milano Marittima**.

Pick your **restaurant** spanning from finger food to gourmet cuisine.

Find more on the website

<http://www.turismo.comunecervia.it/it>

 /comunecervia

Visit Cervia

Visit Milano Marittima



@comunecervia

Visit Cervia

Visit Milano Marittima



IRONMAN

IS A BIG CELEBRATION FOR THE WHOLE CITY!

YOU CAN BE PART OF IT TOO!

WHERE YOU CAN FOLLOW THE RACE:

Ironman village:

Cervia's public beach: start of the swimming race

Lungomare G. Deledda from viale Milazzo to viale De

Amicis: transition area swim/bike/run

Cervia beach, from beach resort n.182 to n.188: end of the marathon and finish line

And more:

Come to cheer for the athletes and follow them all along the race track in Borgomarina, in the city centre of Cervia and in the streets of Milano Marittima.

For more info:

IAT Cervia, via Evangelisti 4, 0544.974400



Credits Getty Images



COMUNE DI CERVIA

IRONMAN
ITALY EMILIA ROMAGNA

SEPTEMBER 19th - 22nd 2019

CERVIA, THE CAPITAL OF TRIATHLON

Come to the city of salt and attend the extreme and incredible **IronMan Italy Emilia-Romagna** race

Ironman, the most extreme and incredible triathlon race in the world, comes back to Cervia for the third year. An international event that attracts 6000 athletes from all over the world to Cervia that take part in a swimming race (3,8 km), a bike course (180km) and a running course (42,2 km). The race takes place on Saturday, September 21st, but, for the whole week, the city will host sport events and more. You can follow the entire race, cheer for the athletes and, why not, choose your favourite and follow them to the finish line.

Come to Cervia and join our big sports celebration!



Credits Fabio Manzi

PROGRAMME

Thursday, September 19th

Parade of Nations. from Rotonda della Pace, viale Roma, to Piazza Garibaldi, 5.30 pm

Night Run. Start: Fantini Club (Lungomare Deledda 182), 9.00 pm

Friday, september 20st

Iron Kids. Start: Fantini Club (Lungomare Deledda 182), 3.00 pm

Saturday, September 21st

IRONMAN ITALY EMILIA-ROMAGNA.

Starting point: Cervia's public beach, 7.30 am

Finish line: Lungomare Deledda, from beach resort n.118 to n.182, from 3.00 pm to 00.20 am, entertainment and dj set. Fireworks will greet the athletes and the crowd at the end of the race

Sunday, September 22nd

1° IRONMAN Italy Emilia-Romagna 70.3 Starting point:

Cervia's public beach, 12.00 pm. **5i50 Cervia triathlon**

Emilia-Romagna Starting point: Cervia's public beach, 3.00 pm. Finish line: Cervia beach, from beach resort n.182 to n.188, from 3.30 pm

Programme on www.comunecervia.it



Credits Angy Raggi

DO YOU WANT TO EXPERIENCE THE EMOTIONS OF TRIATHLON?

Visit our triathlon cities (Cervia-Bertinoro-Cesena-Forlì-Forlimpopoli-Ravenna), where you can learn more about Romagna, a land rich in nature, arts and culture and food delicacies.



Route map, open and closed streets:



HOW TO REACH US AND GO AROUND THE CITY

- The **S.S. 16** is completely free and open to ordinary traffic. You can therefore drive in easily from Rimini and Ravenna
- The **via Dismano** is completely free and usable and is useful if you arrive from Cesena and Forlì
- If you take the train, Cervia's **train station** is close to the Ironman Village (about 10 minute walk)
- All the **parking** lots in the city are available, except for the one in Milano Marittima at the end of viale Forlì (see map)
- From Friday September 20th 8.00 pm to Sunday September 22nd 12.00 am, the parking lots delimited by **blue stripes** will be free throught the municipal territory
- In the race areas, **parking is prohibited** and cars will be removed
- **You can reach the race areas by bike or on foot** after being authorized by local volunteers by following the prepared paths. Pay extra attention to the passage of the athletes. **You can find all the pedestrian crossing on the map**